

Gay Games 9 – Cleveland

Sunday, August 10, 2014

Short Swim Course – 750 Meters (One Loop Swim)

The Short Swim (750 meters) will start with either an age group wave start or time trial style start depending on day of race water conditions and number of participants. The athletes will leave from the platform dock anchored on the east side of E. 9th St. pier just north of the Rock & Roll Hall of Fame. For a Time Trial Start, the athletes will exit directly from the platform dock. For an Age Group Wave Start the participants will start in the water. The Short Swim Course will be a rectangle course which will run counter clock wise from the dock. The swimmers will proceed north to the first orange buoy at which you will take a right hand turn going east. You will then proceed to the next orange buoy taking a right hand turn going south. You will proceed south to the yellow buoy taking another right hand turn heading west. You will then proceed to the yellow buoy marked swim exit. You will then exit the water via a ladder onto the platform dock. Please be cautious when exiting the water and on the platform dock. You will then proceed south off the swim ramp into the transition area.

Any participant who decides not to start the swim, or drops out of the swim before completion should immediate notify race officials.

Aid Station – Located at the swim exit along with a special needs table

Short Cycle Course – 16 miles (Multiple Loop Bike Course)

From the athletes assigned bike rack in the transition area, the cyclists will head south on East 9th St. to the Memorial Shoreway. Cyclists will enter the Memorial Shoreway via the on ramp heading eastbound. The course will proceed east for one mile, turning around counterclockwise and heading west in the northernmost lane of the eastbound Memorial Shoreway heading west. The course heads four miles west before a turnaround 1/2 mile east of West Blvd and proceeds back on the eastbound Memorial Shoreway. Cyclists continue eastbound heading underneath the East 9th Street Bridge until approximately one mile east of East . 9th St., where the 2nd loop will begin. After the 2nd loop, exit at East. 9th St. turning left and head north into the Transition Area to their assigned bike rack

Aid Station – There are no aid stations on the bike course.

Short Run Course – 3.1 miles (One Loop)

The Short Run course will begin as the triathletes run south out of the transition area on East 9th Street Pier. They will turn left on to Memorial Shoreway following the coned lanes heading east. Once they are on the Memorial Shoreway they will run for approximately 1 mile (East) to the Short Run turnaround. They will then head west and proceed to East 9th St on ramp. At the top of East 9th St ramp the runners will turn left (South) to Lakeside Ave. they will be passing the Festival Village as they run down Lakeside Ave. Will then Turn Right W. 3rd. Proceed north of Cleveland Stadium. Approx 1/10 of a mile before the finish line you will run through the walkway lane for the Science Center. It has yellow glass windows. You will be able to see both the Rock Hall and the finish line once you pass thru the Science Center.

Aid Station – There will be aid stations at the Short run course turnaround on the Memorial Shoreway. There will also be an aid station at approximately the 2 mile mark.