

Gay Games 9 – Cleveland

Sunday, August 10, 2014

Long Swim Course – 1500 Meters – One Loop

The Long Swim (1,500 meters) will start with either an age group wave in water start or time trial style start depending on day of race water conditions and number of participants. The athletes will leave from the platform dock anchored on the east side of E. 9th St. pier just north of the Rock & Roll Hall of Fame. For a Time Trial Start, the athletes will exit directly from the platform dock. For an Age Group Wave Start the participants will start in the water. The Long Swim Course will be a rectangle which will run counter clock wise from the platform dock. The swimmers will proceed north going past the first buoy which will be orange. You will then swim to the yellow buoy and take a right hand turn. The swimmers will then proceed east to the next yellow buoy where you will then take another right hand turn and heading south. You will then once again swim past another orange buoy continuing south. Once you come to next yellow buoy and take a final right hand turn and proceed to the yellow buoy marked swim. Please be cautious when climbing the ladder to the exit the swim and on the platform dock. You will then proceed south off the platform dock into the transition area.

Any participant who decides not to start the swim, or drops out of the swim before completion should immediate notify race officials

Aid Station – Located at the swim exit along with a special needs table

Long Cycle Course – 24 miles (Multiple Loop Bike Course)

From the athletes assigned bike rack in the transition area, the cyclists will head south on East 9th St. to the Memorial Shoreway. Cyclists will enter the Memorial Shoreway via the on ramp heading eastbound. The course will proceed east for one mile, turning around counterclockwise and heading west in the northernmost lane of the eastbound Memorial Shoreway heading west. The course heads four miles west before a turnaround 1/2 mile east of West Blvd and proceeds back on the eastbound Memorial Shoreway. Cyclists continue eastbound heading underneath the East 9th Street Bridge for one mile east of East 9th St., where the 2nd loop will begin. Once the athletes have completed 3 loops they will exit at East. 9th St. turning left and heading north into the Transition Area to their assigned bike rack.

Aid Station – There are no aid stations on the bike course.

Long Run Course – 6.2 Miles (Multiple Loop Run Course)

The Long Run course will begin as the triathletes run south out of the transition area on East 9th Street Pier. They will turn left on to Memorial Shoreway following the coned lanes heading east. Once they are on the Memorial Shoreway they will run for approximately 1 mile (East) to the Sprint Run turnaround. They will then head west and proceed to East 9th St on ramp. At the top of East 9th St ramp the runners will turn left (South) to Lakeside Ave. they will be passing the Festival Village as they run down Lakeside Ave. Will then Turn Right W. 3rd. Proceed north of Cleveland Stadium. Approx 1/10 of a mile before the finish line you will run through the walkway lane for the Science Center. It has yellow glass windows. You will be able to see both the Rock Hall and the finish line once you pass thru the Science Center.

Aid Station – There will be aid stations at the Long run course turnaround on the Memorial Shoreway. There will also be an aid station at approximately the 3, 4 & 5 mile mark.